







East Stour Learning Activities



Please try and read everyday. This can be done independently but is good with an adult. Perhaps you can take it in turns to read a page each. If you're running out of books, maybe you can read online stories or information, parts from catalogues, leaflets through the door, signs, food labels, TV guide etc. Anything to maintain reading skills!

	Activity 1	Activity 2	Activity 3	Daily Challenge
Monday	<p>Maths with a dice. Roll a dice. What number does it land on? Roll it again. Can you add the two numbers together?</p> <p>Harder challenges: Multiply the two numbers. Multiply each number by 10 and add together. Triple each number and add together. Subtract the smaller number. Add 3 or 4 numbers together. Can you race answers with someone?</p> 	<p>Describing</p> <p>Choose someone in your house, this could be a family member, pet or if you prefer, a favourite famous person. Draw a picture of them. Add labels eg brown eyes.</p> <p>Harder challenges</p> <p>Write sentences describing their appearance, character and what they like to do.</p> <p><i>Tom has brown eyes and loves to kick a ball in the park.</i></p>	<p>ANIMAL WORKOUT</p> <p>A short fun work out for children and parents! No equipment needed. If possible set a timer for 45 seconds for each activity.</p>  Frog Jumps Hop back and forth like a frog	<p>Using your finger can you draw a flower on your child's hand? Extend by drawing a shape. Can they guess what it is?</p>
Tuesday	<p>Maths measuring. Take a ruler or tape measure. Find objects in the house or garden to measure. Remember to start at zero!</p> <p>Harder Convert between cm, mm and metres?</p> <p>Hardest Can you find the perimeter of an object, maybe a piece of paper or a table?</p>	<p>Play hangman.</p>	<p>Balance Beam</p> <p>Stick a long piece of masking tape to the floor, or chalk outside and encourage your child to walk across the beam without falling off. You can make it more challenging by having them hop from one balance beam to another.</p>	<p>Dance together. Can you teach your child a dance you know or used to do when you were younger? Can they teach you a dance?</p>

<p>Wednesday</p> 	<p>Maths measuring volume This is a good activity for outside Take a measuring jug Find cups, empty bottles or containers around the home. Fill each at a time with water. Guess the volume. Pour back into the measuring jug. Read the measuring scale. Harder Can you convert between millilitres and litres? Eg 500ml = 0.5litres</p>	<p>Describing Choose 5 items in your home or garden. Think of 2 adjectives (describing words) to describe each of them. Harder Write them down eg <i>blue, squashy</i> Hardest Put them into sentences; <i>I love to flop on the blue, squashy sofa.</i></p>	<p>Skittles/bowling Fill up plastic bottles to use as skittles, use any ball you have</p>	<p>Try loud singing then quiet singing together. Rapid dancing then slow dancing. Can you make up a dance? Perhaps a song?!</p>
<p>Thursday</p> 	<p>Take a pack of cards. Can you sort them into 4 suits, then order them from 1-10, Jack, Queen, King? Clubs (black) Hearts (red) Spades (black) Diamonds (red) How many cards in each suit? How many cards should there be altogether?</p>	<p>Write a word vertically. This could be a name or an object. Write words to go with it. Eg S sofa O orange F fun A attractive</p>	<p>Run the Daily Mile wearing something blue to show your support for the NHS.</p>	<p>Set up a treasure hunt for each other to find objects or notes.. Are they getting hot or cold? Or play hide and seek together.</p>
<p>Friday</p>	<p>Take a pack of playing cards. Take half the pack each. Take it in turns to turn a card over. Can you add the two numbers together (picture cards are 10)? Harder Multiply the two numbers. You could race each other!</p>	<p>Make up a story or poem. Illustrate it.</p>	<p>Hit the Target Mark out a wicket on a wheelie bin with tape. Bowl a ball and try to hit the target. 1 point for hitting the wheelie bin. 3 points for hitting the wicket.</p>	<p>Play a card game eg snap, rummy.</p>

Additional Information/Useful Websites: