

East Stour Primary School



SEX EDUCATION POLICY

Date of Issue	Next Review	Version	To be read in conjunction with	Updated Information	Signed Headteacher	Signed Chair of Governors
March 2017	March 2019	1	Safeguarding policy, curriculum policy			

Sex Education Policy - Statutory

East Stour Primary is committed to the teaching of Sex Education. Aspects of sex education are taught as a part of PSHE, during Science lessons, within circle time and where appropriate in assembly.

Sex education will:

- Be developmental and appropriate to the age and stage of the child.
- Put forward factual knowledge and encourage the exploration of facts.
- Examine opinions and concepts and encourage discussion.
- Encourage awareness, respect and responsibility for oneself and others.
- Develop an understanding of how children build relationships with others at appropriate ages and stages of development.

Concepts such as love, anger, trust, respect and sexual feelings and responses are difficult to describe but need to be explored.

The following outline the sequence of teaching Sex Education:

Key Stage 1

- People in my life - what they do for me and what I do for them.
- My moods - feeling happy, sad.
- Friendship.
- Keeping safe - dangers I might come up against and saying no.
- My body and other people's bodies- similarities and differences.
- The beginning of life – me, animals and plants.
- Growth in people, animals and plants.
- Changes as we go.
- Feelings in the family - love.
- What helps people to get along with each other - listening, sharing
- What makes me happy.
- What I like about other people.
- Caring for myself - hygiene, sleep, exercise.
- People who help me to care for myself.

Year Three/Four

- Feelings things which make me happy, sad, embarrassed, scared.
- Difficult situations - teasing, bullying.
- Keeping healthy, exercise and diet.
- Friendships - who our friends are and how we make and lose friends.
- Making decisions - influences on me and peer group pressure.
- Keeping safe.
- Lifestyles in the class and community - differences in others and how we feel about differences.

Year Five/Six

- Decision making and risk taking.
- Feelings about the future - changing schools, adolescence.
- Families and how they behave - what members expect of each other.
- Celebrations of birth, puberty, marriage and death in other cultures.
- Expressing feelings and how we do this - being assertive and not bullying.
- Differences and similarities in people.
- Sexuality - what it is and what words describe it?
- Body changes in me and others - why are they happening?
- Things that go into my body that help and things that harm - parent education regarding drugs via the police liaison officer.
- Messages about health and sexuality from television, films, books, and newspapers.

Year 5/6 children will, in addition, be given the opportunity, following parental consent to view programmes provided by the school nurse. These involve issues surrounding growing up, personal health and puberty. Pupils watch the programmes together but are split up afterwards for separate follow-up discussions. Questions concerning homosexuality, sexually transmitted diseases and contraception will be answered if raised.

Prior to the pupils viewing parents are provided with an opportunity to view the programmes.