

Kent & Medway Autumn Menu 2021

-  Added Plant Power
-  Vegan
-  Wholemeal

Monday

Tuesday

Wednesday












Thursday

Friday

Week One
30 Aug 20
Sep 11 Oct
8 Nov 29
Nov 3 Jan
24 Jan 21
Feb 14 Mar

Option 1	Chicken Wraps with 50/50 Rice	Beef Burger In Bun with Potato Wedges	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Minced Beef Pie with Gravy & Crushed Potatoes	MSC Fishfingers with Chips and Tomato Sauce
Option 2	Macaroni Cheese  	Quorn Burger In Bun with Potato Wedges	Homity Pie with Roast Potatoes and Gravy	Tomato and Lentil Pasta with Garlic Bread 	Cumberland Quorn Sausage with Chips 
Vegetables	Green Beans Carrots	Coleslaw Sweetcorn	Mixed Vegetable Medley	Broccoli Sweetcorn	Baked Beans Garden Peas
Dessert	Sticky Toffee Apple Crumble with Custard 	Mandarin Segments With Jelly 	Apple, Cheese and Biscuits	Eves Pudding and Custard	Fresh Fruit or Yoghurt

Week Two
6 Sep 27
Sep 18 Oct
15 Nov 6
Dec 10 Jan
7 Feb 28
Feb 21 Mar

Option 1	Cheese and Ham Pizza with New Potatoes 	Macaroni Beef Pasta Bake	Roast Beef with Roast Potatoes and Gravy	Mediterranean Chicken (chicken In Tomato Sauce) with Rice  	MSC Fish In Batter with Chips and Tomato Sauce
Option 2	Cheese and Tomato Pizza with New Potatoes	Roasted Cauliflower Curry with Rice  	Vegetable Wellington with Roast Potatoes and Gravy 	Vegetarian Lasagne	BBQ Quorn with Chips
Vegetables	Green Beans Baked Beans	Sweetcorn Garden Peas	Cabbage Carrots	Sweetcorn Broccoli	Baked Beans Garden Peas
Dessert	Pear Crumble with Custard 	Chocolate Shortbread 	Fruit Jelly  	Peach Upside Down Cake & Cream	Fresh Fruit or Yoghurt 

Week Three
13 Sep 4
Oct 1 Nov
22 Nov 13
Dec 17 Jan
14 Feb 7
Mar 28 Mar

Option 1	Meatballs in Tomato Sauce with Pasta 	Sausage Roll with Tomato Sauce served with Wedges	Roast Turkey with Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	MSC Fishfingers with Chips and Tomato Sauce
Option 2	Vegetable Tortilla Stack with Rice  	Shepherdess Pie with Gravy 	Roasted Quorn Fillet with Roast Potatoes and Gravy	Wholemeal Vegetable Pasta Bake With Garlic Bread   	Cheese & Tomato Wholemeal Quiche with Chips 
Vegetables	Carrots Sweetcorn	Garden Peas Cauliflower	Mixed Vegetable Medley	Green Beans Carrots	Baked Beans Garden Peas
Dessert	Oaty Cookie  	Chocolate Sponge with Chocolate Sauce	Ice Cream & Peaches / Vanilla Shortbread & Peaches for Servers	Banana Cake	Fresh Fruit or Yoghurt

- Available Daily:**
- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
 - Homemade Bread
 - Fresh Fruit
 - Salad Selection
 - Yoghurt

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.